EXAMINATIONS COUNCIL OF ZAMBIA

Examination for General Certificate of Education Ordinary Level

Home Management

Paper 1 Theory

Thursday 10 AUGUST 2017

Time: 2 hours

Instructions to candidates

1. Write your name, centre number and candidate number on the Answer Booklet provided.
2. There are ten questions in this paper. Answer five questions in total.
3. Answer two questions from Section A and three questions from Section B.
4. All candidates are expected to write the question numbers chosen on the Grid provided on the front page of the Answer Booklet in the order they have answered.
5. Write your answers for each question on a separate page of the Answer Booklet provided.
6. If you use more than one Answer Booklet, tie together with a string, do not staple them.

Information for candidates

The number of marks is given in brackets [ ] at the end of each question or part question.
You should make use of illustrations. Answers in note form are acceptable.

Cell phones are not allowed in the examination room.
SECTION A  (40 marks)

Parenthood, Health and Safety and Needlework and Crafts.

Answer two questions only from this section

1 Zambia is among the countries striving to promote safe parenthood.
   (a) State five signs and symptoms of pregnancy. [5]
   (b) Explain five danger signs of pregnancy. [5]
   (c) Outline five activities that are carried out at the Ante-natal clinic. [5]
   (d) Give five recommendations on footwear for a pregnant woman. [5]
   [20 marks]

2 Many accidents or injuries are related to the home and its environment. Preventive measures can be taken in order to avoid or eliminate them.
   (a) (i) Define First Aid. [2]
       (ii) State two reasons for giving First Aid. [2]
   (b) Outline five practical measures to prevent accidents. [5]
   (c) Describe how to prevent burns and scalds. [5]
   (d) List six contents of a First Aid Box. [6]
   [20 marks]

3 Write notes on the following:-
   (a) The physical needs of the pre-school child. [5]
   (b) The importance of games and exercise for a child. [5]
   (c) Behavioural problems in children. [5]
   (d) Causes of abnormalities in child development. [5]
   [20 marks]

4 Certain habits are desirable for every child to develop at an early age.
   (a) (i) Define habit, [2]
       (ii) State the first habits to be taught to a child. [3]
   (b) Discuss the importance of habit training. [5]
   (c) State five benefits of play to a child. [5]
   (d) List five types of play. [5]
   [20 marks]
SECTION B  [60 marks]

Food and Nutrition, Housecraft and Laundry.

Answer three questions only from this section

5 There are various ways of practicing proper environmental hygiene in order to prevent the spread of communicable diseases.

(a) What is meant by:
   (i) drainage;  [2]
   (ii) sanitation?  [2]

(b) Identify three sources of water used in the home.  [3]

(c) State four ways of purifying water.  [4]

(d) Explain how waste water can be disposed off.  [4]

(e) Outline the weekly cleaning of a water closet.  [5]

[20 marks]

6 You are planning to refurbish the floor and floor coverings of the sitting room in your home. Explain how you would:

(a) Renovate a varnished wood floor which has been badly scratched.  [4]

(b) Clean a dull parquet flooring (wood flooring tiles);  [4]

(c) Choose a new carpet;  [4]

(d) Clean a mud stained carpet;  [4]

(e) Daily clean your renovated room.  [4]

[20 marks]

7 Entrepreneurship means ability and willingness to set up and organize a business along with any of its risks and rewards, so as to make a profit.

(a) Write five reasons why people decide to become entrepreneurs.  [5]

(b) (i) Explain four business ventures found in the community.  [4]
   (ii) List four sources of capital to start a business venture.  [4]

(c) State four factors to consider for smooth running of a business.  [4]

(d) Discuss the importance of labelling items for sale.  [3]

[20 marks]

[Turn over
8  Laundering of clothes efficiently requires much effort.
   (a) Explain the importance of the following processes in laundry:
       (i) soaking;
       (ii) boiling;
       (iii) starching;
       (iv) airing. [4]
   (b) Describe how to treat each of the following stains from a white cotton table cloth:
       (i) Tea stain; [3]
       (ii) Blood stain. [3]

9  Meal time is an occasion that should be enjoyed by everyone.
   (a) Write six factors to consider in meal planning. [6]
   (b) Discuss the dietary needs of the following:
       (i) Pregnant woman; [3]
       (ii) Vegans (strict vegetarians);
       (iii) Toddlers and young children (up to 5 years). [3]
   (c) How would you economically save fuel during cooking of meals? [5]

10 The kitchen is a working room which must be well planned.
    (a) Draw the layout of an L-shaped kitchen to show the position of the work surface, work triangle, food storage, preparation, cooking and serving, clearing, position of the door and window. [10]
    (b) Explain the importance of a well planned kitchen layout. [5]
    (c) Outline five functions of a kitchen. [5]
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